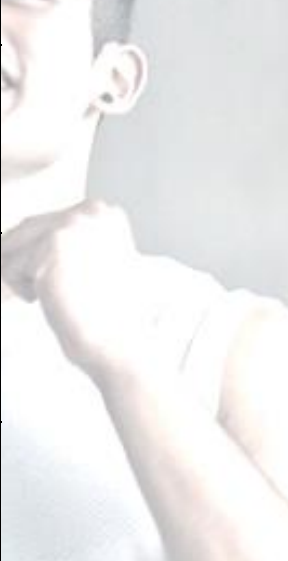
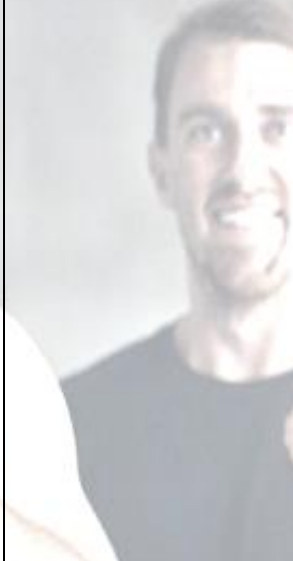


Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag	
Functional Bodystyling 9:00 Online+Live	Vinyasa Yoga 9:00 Online+Live		Cardiotoning 9:00 Online+Live	Rücken-Fit 9:00 Online+Live			
ZumbaKidz (3-6J.) 15:30 Live							
ZumbaKidz (7-12J.) 16:30 Live							CrossWorx 17:30 Fläche
Zumba 17:30 Live							LES MILLS BODYPUMP 18:00 Live
	CardioCore 18:30 Live	Zumba 18:30 Live	Indoor-Cycling 19:00 - 19:50	LES MILLS BODYBALANCE 19:00 Online+Live			
LES MILLS BODYPUMP 19:00 Online+Live	LES MILLS BODYBALANCE 19:30 Live	LES MILLS BODYPUMP 19:30 Live	Vinyasa Yoga 20:00 Online+Live				
		60+ 20:30 Live					
Rückentraining Body&Mind	Kraft-, Muskeltraining	Herz- Kreislauftraining	Indoor-Cycling	Gültig ab 05.07.2021	Tel.: 0 98 61 / 9 29 99 Mail: info@ctk-sportpark.de Web: www.ctk-sportpark.de	ctksportpark	

